

**South Shore Dermatology Physicians, P.C.**  
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**Sculptra Postoperative Care**

- Ice packs may be used during the first 24 hours – 10 minutes on, 10 minutes off.
- Massage the injected site vigorously 5 times per day for 5 minutes. This is to be done for 5 days.
- Elevate the head with two pillows while sleeping during the first few days to minimize swelling.
- Aspirin, NSAIDS, and alcohol should be avoided for the first few days after treatment.
- Tylenol may be used for pain control.
- Exaggerated movements of the areas augmented should be avoided for the first several days.
- Avoid hot foods or gum chewing for the first several hours as mouth trauma may occur in the anesthetized areas.

Notify the physician for significant swelling, bleeding, eye pain, vision loss, dusky discoloration, excessive pain or fever.