

South Shore Dermatology Physicians, P.C.
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IMIQUIMOD (ALDARA®) CREAM INSTRUCTIONS

YOU HAVE BEEN PRESCRIBED THE ABOVE MEDICATION TO TREAT:

- **WARTS**
- **MOLLUSCUM CONTAGIOSUM**
- **ACTINIC KERATOSIS**
- **SUPERFICIAL BASAL CELL SKIN CANCER**
- **SUPERFICIAL SQUAMOUS CELL CARCINOMA**
- **OTHER _____**

THIS MEDICATION IS TO BE USED ONLY FOR THE DIAGNOSIS YOU HAVE BEEN GIVEN. THE FREQUENCY AND DURATION OF YOUR TREATMENT WILL DEPEND ON YOUR DIAGNOSIS. PLEASE REFER TO YOUR PRESCRIPTION FOR INSTRUCTIONS.

- Use Imiquimod only on the area(s) as directed by your physician.
- If you had a biopsy, do not start Imiquimod until the biopsy site(s) has healed. This is usually 2 weeks after the procedure was performed.
- Before applying Imiquimod, wash area(s) to be treated with soap and water. Pat the area(s) dry with a clean towel.
- Imiquimod comes in a small package. To open, clean a pin by wiping it off with alcohol. Take the pin and make a small hole in the top of the package.
- Squeeze out a small amount of the Imiquimod cream and spread a thin layer on the area(s) directed by your physician. Do not cover the treated area(s) after applying medication.
- Store the opened medication package in a zip lock baggie.
- You may use the remaining cream for the next treatment. Do not use more than 1 package per day unless directed by your physician to do so.
- You should expect redness and crusting. This is a normal reaction.
- If the area becomes overly red, raw, or tender, you can stop the medication for a few days before resuming treatment.
- At the end of your treatment, you may use Aquaphor or Vaseline to promote healing.
- If you have flu-like symptoms or a new rash not in the area(s) of treatment, please discontinue Imiquimod and call your doctor.
- You should have a follow up appointment within 2-3 months after Imiquimod treatment is finished so that your physician can assess the effectiveness of the treatment.
- If you have any questions please call our office at 508.535.DERM (3376).